



## WATER CONSERVATION IN THE HOME

As our population grows, so does the demand on our water resources. If we are all to enjoy our precious reserves we must be more aware of water conservation.

### TOP TIPS TO CONSERVE WATER:

#### IN THE KITCHEN

- » Run the dishwasher/washing machine only when it is full
- » Wash your vegetables in the sink or a basin- this water can then be used to water indoor plants instead of pouring it down the drain
- » Put water in the kitchen sink to wash and rinse dishes rather than letting the water run while you wash or rinse
- » Don't use running water to thaw food
- » Install aerators in the taps to reduce water flow if necessary

#### IN THE BATHROOM

- » If your shower can fill a 4 litre bucket in 20 seconds, replace it with a water-efficient shower head
- » Install a water saving device in your

- cistern if necessary
- » Try to minimise the time spent in the shower
- » Turn off the tap while brushing your teeth

#### IN THE GARDEN/YARD

- » When washing your car use a bucket of water instead of a hose
- » Harvest rain water
- » Ensure there are no leaks in outside taps

A running tap can use up to 1,800 litres of water per hour.

Turning the tap off when brushing your teeth can save over 7,000 litres of water per year.

When making tea or coffee only fill the kettle with enough water for your needs. This will save energy too.

Only run your washing machine and

dishwasher when they are full. A washing machine on full cycle uses up to 65 litres of water and dishwashers use 20 litres per cycle.

Always check for leaks as treated water is a valuable commodity.

**REMEMBER -  
IT'S EASY TO MAKE A  
DIFFERENCE!**



#### FURTHER INFORMATION IS AVAILABLE FROM:

**The Waste Management Section**  
Cavan County Council  
Tel: 049 437 8300  
E-mail: [waste@cavancoco.ie](mailto:waste@cavancoco.ie)

*Produced by Galway County Council*